

# Pancakes & Resolutions: 1-Mile, 5k & 10k Run / Walk

## MAIL IN REGISTRATION FORM

Please make checks to, "Zoom Multisport Racing," and mail to 931 Patterson Road, Dayton, OH 45419.  
 You must have to be registered on or before December 18 to be guaranteed a race t-shirt.

### FOR WHICH RACE ARE YOU REGISTERING?

- \_\_\_\_\_ \$0 = All kids (or adults) being pushed, carried or towed: Does **NOT** include timing, event shirt or finisher medal
- \_\_\_\_\_ \$15 = All ages, Any Race, Fun Run: Does **NOT** include timing, event shirt or finisher medal
- \_\_\_\_\_ \$30 = All ages, 1-Mile Race: Includes timing, event shirt & finisher medal
- \_\_\_\_\_ \$35 = All ages, 5k Race: Includes timing, event shirt & finisher medal
- \_\_\_\_\_ \$40 = All ages, 10k Race: Includes timing, event shirt & finisher medal
- \_\_\_\_\_ \$50 = All ages, Any 2 Races: Includes timing, 1 event shirt & 1 Pancake finisher medal
- \_\_\_\_\_ \$65 = The Beast 3-Race Challenge (10.3 miles: Run the 1-mile, 5k & 10k): Includes timing, 1 event shirt & 1 Pancake finisher medal & 1 Beast finisher Medal
- \_\_\_\_\_ = No Shirt Save \$5
- \_\_\_\_\_ = No Medal Save \$3

RACE / AMOUNT PAID: \_\_\_\_\_ YOUR RACES (circle all that apply): 1-Mile                      5K                      10K

Event Shirt Size (Youth, Women's & Men's): Circle Your Choice; Leave blank for NO SHIRT

YM	YL	W-Sm	W-Med	W-L	W-XL	W-XXL	M-Sm	M-Med	M-L	M-XL	M-XXL	M-XXL
----	----	------	-------	-----	------	-------	------	-------	-----	------	-------	-------

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Country: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Gender:                      MALE                      FEMALE

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Phone: \_\_\_\_\_

Medical information:

**PLEASE COMPLETE AN EVENT WAIVER FOR EACH PERSON PARTICIPATING IN THIS EVENT**

ZOOM MULTISPORT RACING EVENT WAIVER - PLEASE READ CAREFULLY & SIGN THIS WAIVER & RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT.

IN CONSIDERATION of **Zoom Multisport Racing, LLC, Anthony M. Mominee II, KB Event Management, & Kathryn Braun Macke (Individually and Collectively, the "Released Parties" or "Event Organizers")** for allowing me to participate in any of the Released Parties events (the "Event" or "Events"); I, for myself, and on behalf of my spouse, children, parents, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby represent that** (i) I am in good health and in proper physical condition to participate in the Event; and (ii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. (iii) I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event.
- I understand and acknowledge** the physical and mental rigors associated with triathlon, duathlon, running, cycling, and swimming events, and realize that running, bicycling, swimming and other portions of such. Events are inherently dangerous and represent an extreme test of a person's physical and mental limits. I understand that participation involves risks and dangers which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; accidents, contact or collision with other participants, spectators, vehicles or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course conditions; water, road and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined risks and dangers which may not be readily foreseeable or are presently unknown ("**Risks**"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the acts, inaction or negligence of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in the Event. I understand that races and events will be held unless race management, in consultation with local safety officials, determines that race conditions are too dangerous and that Zoom Multisport Racing, LLC does not offer any refunds.
- I agree to be familiar with and to abide by** the Rules and Regulations established for the Event, including but not limited to the Competitive Rules adopted by USAT, USATF, USOC and the Guide to Prohibited Substances and Prohibited Methods of Doping adopted by the United States Anti-Doping Agency. I also accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.
- I hereby Release, Waive and Covenant Not to Sue**, and further agree to Indemnify, Defend and Hold Harmless the following parties: the **Released Parties**, the Event Owners, Organizers and Promoters, Race Directors, Sponsors, Advertisers, Host Cities, United States Olympic Committee (USOC), Local Organizing Committees, Venues and Property Owners upon which the Event takes place, Law Enforcement Agencies and other Public Entities providing support for the Event, and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers, with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) of any kind or nature ("**Liability**") which may arise out of, result from, or relate to my participation in the Event, including claims for Liability caused in whole or in part by the negligence of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liability which any may be incurred as the result of such claim.

**I hereby warrant that I have read this Agreement carefully**, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of the minor, my spouse, children, parents, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement freely and voluntarily, without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Parental Consent (required if the participant is less than 18 years of age)**

As the Parent and/or Legal Guardian to the minor identified above, I hereby accept and agree to all of the terms and conditions of this Agreement on behalf of the minor in connection with the minor's participation in the Event(s). If, despite this Agreement, I, or anyone on the minor's behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date